7. Hand movements
(Patient opens and
clouses hands in rapid
succession with
widest amplitude
possible, each hand
separately)
0 = Normal
1 = Mild slowing and/or reduction in amplitude
2 = Moderately impaired. Definite and early fatiguing.
May have occasional arrests in movement
3 = Severely impaired. Frequent hesitation in initiating
movements or arrests in ongoing movement
4 = Can barely perform the task

8. Rapid alternating
movements of hands
(Pronation-supination
movements of hands,
vertically or horizontally,
with as large an
amplitude as possible
both hands
simultaneously)
0 = Normal
1 = Mild slowing and/or reduction in amplitude
2 = Moderately impaired. Definite and early fatiguing.
May have occasional arrests in movement
3 = Severely impaired. Frequent hesitation in initiating
movements or arrests in ongoing movement
4 = Can barely perform the task

9. Leg agility
(Patient taps heel on
ground in rapid
succession, picking
up entire leg.
Amplitude should be
about 3 inches)
0 = Normal
1 = Mild slowing and/or reduction in amplitude
2 = Moderately impaired. Definite and early fatiguing.
May have occasional arrests in movement
3 = Severely impaired. Frequent hesitation in initiating
movements or arrests in ongoing movement
4 = Can barely perform the task

10. Arising from chair
(Patient attempts
to arise from a straight-
back wood or metal
chair, with arms folded
across chest)
0 = Normal
1 = Slow, or may need more than one attempt
2 = Pushes self up from arms of seat
3 = Tends to fall back and may have to try more than one
time but can get up without help
4 = Unable to arise without help

11. Posture
0 = Normal erect
1 = Not quite erect, slightly stooped posture; could be
normal for older person
2 = Moderately stooped posture, definitely abnormal;
can be slightly leaning to one side
3 = Severely stooped posture with kyphosis; can be
moderately leaning to one side
4 = Marked flexion, with extreme abnormality of posture

12. Gait
0 = Normal
1 = Walks slowly; may shuffle with short steps, but
no festination or propulsion
2 = Walks with difficulty but requires little or no assistance;
may have some festination
3 = Severe disturbance of gait; requires assistance
4 = Cannot walk at all, even with assistance